

8 v 8 Rules Holiday Hustle Shootout Out Style Girls

- Games consist of one 30 period with no half time
- Teams are comprised of 7 field players and 1 goalie.
- Teams may have only 6 field players over the midfield (restraining) line ... keep 1 plus the goalie back.
- Games will have one draw to start the game
- No Cherry Picking ever.
- If a team falls behind by 8 or more goals, they have the option to be awarded the ball at midfield after they have been scored on.
- Games consist of one 30 period with no half time
- No timeouts

Regarding mandatory cards – We will be using Rule 7, modified for this event as follows:

- A player's first yellow card earns them a two-minute, non-releasable penalty.
- If a player or coach receives a second yellow card they are out for the rest of that game.
- If anyone receives a red card (this would be an immediate red for a flagrant foul or a foul of an unsporting manner) they must sit out the remainder of the current game PLUS the next game. Make sure the umpires who are working that team's next game know about the situation.
- Carded teams do NOT have to play short at this event; it's a "sit-with-sub" policy.