



Girls 7 v 7 Rules

US Lacrosse Rules will be used, with the following modifications for this event:

All teams must have an adult supervisor.

All games will consist of two 18-minute halves and no timeouts except for injury. Officials on fields will be responsible for timing and will start the game clock at the appropriate time whether or not teams are ready. We must keep this on schedule.

Teams are comprised of 6 field players and 1 goalie. Teams may have only 5 field players over the midfield (restraining) line ... keep 1 plus the goalie back. Varsity and JV teams may choose to not use a goalie, in which case they must keep 2 field players behind the line.

Games will start at midfield with a draw, continuing thereafter with a goalie clear following each goal. When a goal is scored, the umpire will whistle and signal goal. Teams are not required to stand. Give the goalie sufficient time to get the ball in her crosse, and then start the 10-second count for goalie clear. Varsity and JV teams may execute clears with a goalie or a deputy. If both teams want to have some draws after goals it is their prerogative.

Regarding mandatory cards – We will be using Rule 7, modified for this event as follows:

- A player's first yellow card earns them a two-minute, non-releasable penalty.
- If a player or coach receives a second yellow card they are out for the rest of that game.
- If anyone receives a red card (this would be an immediate red for a flagrant foul or a foul of an unsporting manner) they must sit out the remainder of the current game PLUS the next game. Make sure the umpires who are working that team's next game know about the situation.
- Carded teams do NOT have to play short at this event; it's a "sit-with-sub" policy.

Additionally:

- Coaches are their team's "sideline manager" and are responsible for the conduct of their team, bench, *and fans*. Officials are to card the coach if anyone gets out of line.
- Coaches should remind their teams throughout the day to gather up their trash after their game and dispose of it properly. All teams should fill their garbage bags so that staff does not have to clean up the park at the end of the day.
- No Cherry Picking ever.

Youth Division:

- USL Youth Rules. We are using modified checking for all Youth play at this event.
- An initiated / non-incident check to the head is a mandatory red card.
- Possession will be taken at the center, after goals by the team with fewer goals, if a five or more-goal differential exists. When this happens a two pass rule be invoked.

The Tournament Directors may make any ruling deemed necessary for the benefit of the tournament.